

# Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



## Parent Guide to First Things First Funded Programs in the San Carlos Apache Region

## Contact

### *Do you have parenting questions, or need advice?*

#### **Birth to Five Helpline**

Helps families with young children get free answers to their toughest parenting questions.

#### **Southwest Human Development**

1-877-705-KIDS (5437)

### *Are you a parent or caregiver looking for resources and support?*

#### **Parent Kit**

Gives parents of every newborn in the San Carlos Apache region critical information about healthy parenting practices and how to support their baby's early learning.

#### **Cobre Valley Regional Medical Center:**

928-425-3261

**Mt. Graham Hospital:** 928-348-4000

#### **Service Coordination**

Provides networking opportunities for early childhood development and health providers in the region.

#### **First Things First**

LaToya Beatty

928-425-8172

### *Do you want information about your child's physical or oral health?*

#### **Developmental & Sensory Screening**

Increase children's access to preventive health care and helps to identify potential learning problems early on.

#### **San Carlos Apache Tribe**

#### **San Carlos Head Start**

Leilani Olivar

928-475-2740

#### **Nutrition/Obesity/Physical Activity**

Improve nutrition and physical activity and increase literacy in young children.

#### **United Way of Tucson & Southern Arizona**

520-903-3942

#### **University of Arizona Cooperative Extension**

Dr. Sabrina Tuttle

928-475-2359

***Do you need to keep you or your child safe and well?***

**Food Security**

Distributes food boxes and basic necessity items to families in need of assistance who have children birth to 5 years old.

**San Carlos Apache Tribe  
Social Services Dept.**

Terry Ross  
928-475-2313

***Want to see how reading and play can help your child learn?***

**Parent Outreach and Awareness**

Helps families with young children promote literacy and parent involvement through distribution of free age-appropriate books.

**Gila County Library District**

Mary Stemm  
928-425-6111

**Native Language Preservation**

Connects children in tribal communities to their native language and culture in the critical early years.

**San Carlos Apache Tribe  
Language Preservation Dept.**

Beatrice Lee  
928-475-5060

***Do you need to find quality child care for your infant, toddler or preschooler?***

**Family, Friend and Neighbor**

Helps to ensure children 5 and younger are cared for by informed caregivers while in safe environments.

**San Carlos Apache Tribe  
Apache Kid Child Care**

Nolita April Noline  
928-475-2703

**First Things First SAN CARLOS APACHE Regional Partnership Council**

**For more information contact:**

LaToya Beatty, Regional Director at 928-425-8172, lbeatty@azftf.gov  
or visit our regional office at 1600 E. Ash Street, Suite 1, Globe, Arizona 85501

**Serving all of the San Carlos Apache region  
including the following zip codes:**

**85530, 85542, 85550**